



March 29, 2024

Upcoming Events Just for U City Seniors



There are several upcoming events made just for U City Seniors. On Apr. 18, the U City Recreation Division is hosting their monthly, "Laughter, Lunch and Bingo." Registration begins Apr. 1 at 11 a.m. Call 314.505.8625 to register. On May 10, the U City Public Library, City of University City and Aging Ahead are hosting a, "Senior Lunch and Learn," call 636.207.0847 to register and learn more.

[LEARN MORE](#)

Fitness Classes are back at Centennial Commons!
From Tai Chi to Hip Hop and more, sign up today for your favorite class. Session I begins on Apr. 8.

Centennial Commons is also hiring a



FITNESS CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
9 - 10 a.m. TOTAL BODY & TONE	9:30 - 10:30 a.m. STRETCH & STRENGTHEN WITH ESSENTRICS	9 - 10 a.m. TOTAL BODY & TONE	10 - 11 a.m. TAI CHI	9:30 - 10:30 a.m. INTERMEDIATE PILATES
SESSION I - APR. 8 - JUNE 1* *MONDAY/WEDNESDAY CLASS ENDS 6/6	SESSION II - JUNE 17 - AUG. 10* *THURSDAY CLASS ENDS 8/15			SESSION III - SEPT. 9 - NOV. 2
SESSION I - APR. 8 - JUNE 1* *MONDAY/WEDNESDAY CLASS ENDS 6/6	SESSION II - JUNE 17 - AUG. 10* *THURSDAY CLASS ENDS 8/15			SESSION III - SEPT. 9 - NOV. 2
5:30 - 6:30 p.m. EXTREME HIP HOP STEP CLASS				

314.505.8625
UCITYMO.ORG

Group Fitness Instructor and Silver Sneakers Instructor. For more information or to apply, contact [Leslie Eutz](#) or call 314.505.8525

[LEARN MORE](#)

FREE ELECTRONICS RECYCLING

ELECTRONICS RECYCLING Do you have old TVs, computers, cell phones, cords, or any other miscellaneous electronics laying around the house that you need to dispose of? Drop them off at the free electronics recycling event on Apr. 14.

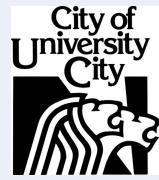
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NOW HIRING

Join #TeamUCity There are seasonal, part time and full time openings available at U City. Apply today for the position of cashier; facility attendant; golf course attendant; laborer; senior services coordinator; and more!

[LEARN MORE](#)



BULK

COLLECTION Spring bulk item collection begins for the East Area on Mon., Apr. 8. This service allows residents to dispose of large furniture and appliances that are not accepted during regularly scheduled weekly collections. Questions? Call 314.505.8560

[LEARN MORE](#)

Blood Drive

Tues., Apr. 2 @ 10 a.m.

Centennial Commons (Donor Bus)

Join us for the ImpactLife sponsored Blood Drive, hosted by The University Police Department and University City Police Officers Association.

Visit the Donor Bus at Centennial Commons to donate. All donors will be entered in a drawing for a chance to win all-inclusive tickets to a Cardinals game.

[Click here to schedule an appointment.](#)

UPCOMING EVENTS



Election Day

Tues., Apr. 2 @ 6 a.m. - 7 p.m.

Storm Water Commission

Tues., Apr. 2. @ 3:30 p.m.

BLOOD DONORS SAVE LIVES



University City Police Department and University City Police Officers Association

Tuesday, April 2 10:00 am - 3:00 pm
Centennial Commons - Donor Bus 7210 Olive Blvd

Appointments preferred.

To schedule an appointment, scan QR code
call David Colp at 314.250.8346
or go to bloodcenter.org/group, grp #11602



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EDRST Board Meeting
Thurs., Apr. 4 @ 6:30 p.m.

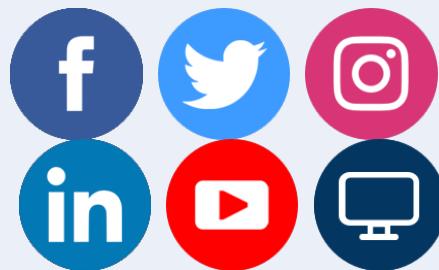
City Council Meeting
Mon., Apr. 8 @ 6:30 p.m.

[View the full listing of U City events here](#)

Do you have news you want to share? Send us your stories!

[SEND US YOUR IDEAS](#)

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