



July 12, 2024



As we welcome the summer season, the **University City Police Department** is committed to ensuring our community enjoys this time safely. We've compiled some key safety tips to help you make the most of the warm weather while staying protected.

Water Safety Essentials Water activities are a hallmark of summer, but they require vigilance:

- Always supervise children near water, without exception.
- Encourage swimming lessons for family members.
- Ensure proper use of life jackets during water sports and boating.
- Refrain from alcohol consumption while engaging in water activities.

Sun Protection Strategies Safeguarding against sun exposure is crucial:

- Apply broad-spectrum sunscreen (SPF 30+) regularly.
- Wear protective clothing, including hats and sunglasses.
- Limit direct sun exposure, especially between 10 AM and 4 PM.
- Stay hydrated, particularly during outdoor activities.

Bicycle Safety Guidelines Cycling is an excellent summer activity when done safely:

- Always wear a properly fitted helmet.

- Adhere to traffic rules and ride in the direction of traffic.
- Increase visibility with bright clothing and proper lighting.
- Regularly maintain your bicycle for optimal safety.

Fire and Grill Safety Outdoor cooking is enjoyable but requires caution:

- Position grills at least 10 feet from structures and flammable materials.
- Never leave grills or fire pits unattended.
- Keep fire extinguishing equipment readily available.
- Properly dispose of coals after they've completely cooled.

General Safety Recommendations

- Remain aware of your surroundings in public spaces.
- Secure your home thoroughly when traveling.
- Report any suspicious activity to local law enforcement.

The **University City Police Department** is here to support you throughout the summer. By following these guidelines, we can collectively ensure a safe and enjoyable season for all residents.

Should you have any questions or concerns, please don't hesitate to contact us. We're dedicated to serving our community and promoting safety year-round.

Wishing you a safe and pleasant summer!



Trash Pick-Up

Would you be interested in volunteering to pick up trash along the Greenway Trail that runs from Olive Blvd to Shaw Park on July 13th at 9:00 a.m.? Volunteers will meet at the Half-Priced Book parking lot. All supplies will be provided.

[LEARN MORE](#)



July is National Parks & Recreation Month

Since 1985, the nation has celebrated July as Park and Recreation Month. A program of the National Recreation and Park Association (NRPA), the goal is to raise awareness of the essential services that parks and recreation professionals provide to our communities.

Come out and celebrate in one of our many parks with your friends and family!!

Shoutout to our own very own U City Parks and Recreation staff for all that they do for U City!



STAY ALERT!



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UPCOMING EVENTS



Senior Commission

Mon., July 15 @ 6 p.m.

Parks Commission Meeting

Tues., July 16 @ 6:30 p.m.

U-City Summer Band Concert

Tues., July 16 @ 7:00 p.m.

Non-Traffic Court

Wed., July 17 @ 6 p.m.

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