



# Between the LIONS

U City Community Update

*August 15, 2025*

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FEMA

August 7, 2025  
DR-4877-MO NR 010  
FEMA Media Contact: (202) 704-3514; [FEMA-NewsDesk-StLouis@fema.dhs.gov](mailto:FEMA-NewsDesk-StLouis@fema.dhs.gov)  
State Media Contact: (573) 508-8325

## News Release

### FEMA Individual Assistance Application Deadline Extended to August 26

ST. LOUIS – FEMA has extended the Individual Assistance application deadline to **Tuesday, August 26** for homeowners and renters affected by the **May 16** disaster in St. Louis City, St. Louis County and Scott County.

If your home or personal property sustained damage not covered by insurance, FEMA may be able to provide money to help you pay for home repairs, a temporary place to live and essential personal property that was destroyed.

The fastest way to apply for Individual Assistance is at [DisasterAssistance.gov](https://DisasterAssistance.gov). You may also apply by calling FEMA at **1-800-621-3362** or visiting a Disaster Recovery Center.

#### Visit a Disaster Recovery Center

LOCATIONS	HOURS OF OPERATION
Union Tabernacle M.B. Church 626 N. Newstead Ave. St. Louis, MO 63108	Monday-Friday: 8 a.m.-7 p.m. Saturday: 9 a.m.-4 p.m. Sunday: Closed
Urban League Entrepreneurship and Women's Business Center 4401 Natural Bridge Ave. St. Louis, MO 63115	Open until further notice.
Sumner High School – Parking Lot 4248 Cottage Ave. St. Louis, MO 63113	

If you still need assistance after August 26, help is still available at [DisasterAssistance.gov](https://DisasterAssistance.gov) or by calling FEMA at **1-800-621-3362**. Stay in touch with FEMA for financial assistance for home repairs and rent, as well as other needs not covered by insurance.

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*FEMA's mission is helping people before, during, and after disasters.*

Learn more at [fema.gov/disaster/4877](https://fema.gov/disaster/4877)

August 2025



#### UCPD Meets with local Businessowners and Stakeholders at National Night Out

The University City Police Department joined residents, business owners, and community leaders for National Night Out, building stronger connections and sharing ideas to keep our city safe and welcoming. Thank you to everyone who came out to support community policing and partnership!



# EARN-A-BIKE!

Presented by the University City Police Department & St. Louis BWorks



## ■ Program Overview:

In this hands-on 6-week workshop, students will:

- Learn bike safety, basic maintenance, and riding skills
- Rebuild a donated bicycle from the frame up
- Earn awesome gear upon completion!

## ■ Participants who complete the full program will receive:

- A refurbished bicycle
- A brand-new helmet
- A bike light set & lock

## HEMAN PARK COMMUNITY CENTER

July 22 - August 26, 6:00 PM - 8:00 PM

(Tuesdays)

*\*Attendance at all six sessions is required to earn a bike.*

If your organization serves youth or families, help us spread the word or refer interested individuals. The program is for students 8 to 17.

- Contact: Danella Lang – [dlang@ucitymo.org](mailto:dlang@ucitymo.org)
- Phone: 314.505.8675

*Empowering youth through education, teamwork, and bicycles.*



## Fitness & Fun Spotlight: Centennial Commons Recreation Center

Ongoing and upcoming events hosted by  
Centennial Commons Rec Center.



HEMAN PARK POOL

# Admission:

Admission is limited to any individual (age 3+) with a "Summer Fun Pass" or a resident or nonresident recreation ID card. Memberships and ID cards may be purchased at the Centennial Commons Control Desk (Photo ID required) and are available to both residents and non-residents.



Resident	Daily *	1 Month	Summer Fun Pass (May 23 - September 1)
Youth (17 and under)	\$5.00	\$11.00	\$44.00
Adult	\$6.00	\$20.00	\$80.00
Senior (60+)	\$5.00	\$13.00	\$52.00
Senior Couple**		\$21.00	\$84.00
Family		\$34.00	\$136.00

NonResident	Daily *	1 Month	Summer Fun Pass (May 23 - September 1)
Youth (17 and under)	\$7.00	\$17.00	\$68.00
Adult	\$9.00	\$30.00	\$120.00
Senior (60+)	\$7.00	\$21.00	\$84.00
Senior Couple**		\$30.00	\$120.00
Family***		\$40.00	\$160.00

\*Must purchase recreation ID card/Resident - \$5.00; Nonresident - \$7.00 (good one year from purchase);

No daily rate for Senior Couple or Family

\*\*Both individuals must be 60 or older; \*\*\*Limit: 4, Additional: \$25/person - all same household



HEMAN PARK POOL

## Back to School Hours



**August 18 - September 1  
Lap Swim**

**Monday - Sunday: 6:00 - 9:00 am**

**Public Swim**

**Weekdays: 4:00 - 8:00 pm**

**Weekends: Noon - 8:00 pm**

**Labor Day (9/1): Noon - 8:00 pm**



# 2025 FITNESS CLASSES

## SUMMER MINI SESSION

August 4<sup>th</sup> - August 30th

Drop in fees for all classes: M: \$7, R: \$8, NR: \$9

### Total Body & Tone

Mondays & Wednesdays

9:00 AM - 10:00 AM

M: \$30, R: \$35, NR: \$40

Min: 12, Max: 20

### Zumba

Mondays

6:30 PM - 7:30 PM

M: \$23, R: \$25, NR: \$28

Min: 8, Max: 20

### Tai Chi

Thursdays

10:00 AM - 11:00 AM

M: \$23, R: \$25, NR: \$28

Min: 10, Max: 20

All classes will be held at Centennial Commons, 7210 Olive Blvd. To register, visit us during our business hours.

In order to receive resident rates, you must present your occupancy permit.

M-F: 5:30 AM - 9:00 PM

SAT: 8:00 AM - 8:00 PM

SUN: 10:00 AM - 8:00 PM

For more information: 314.505.8625





# 2025 FITNESS CLASSES SUMMER MINI SESSION

Drop in fees for all classes: M: \$7, R: \$8, NR: \$9

In order to receive resident rates you must present your occupancy permit

## TOTAL BODY & TONE

**MONDAYS & WEDNESDAYS, 9-10 A.M.**

FEES: Member \$30; Res. \$35; Non Res \$40

Participants: min. 10 / max. 20

Build and tone muscle while using a variety of fitness equipment. This is a full body workout aiming to improve balance, resistance, speed and endurance. The structure of the class will change from week to week to keep your workout fresh and fun. All fitness levels welcome.

## ZUMBA

**MONDAYS, 6:30-7:30 P.M.**

FEES: Member \$23; Res. \$25; Non Res \$28

Participants: min. 8 / max. 20

Zumba is a fusion of Latin and International music/dance that creates a dynamic, exciting, and fun workout. The classes move between high and low intensity dance moves designed to get your heart rate up and boost cardio endurance while shaking off the stress and stirring up the fun! Levels are from beginning to advanced.

## TAI CHI

**THURSDAYS, 10-11 A.M.**

FEES: Member \$23; Res. \$25; Non Res \$28

Participants: min. 10 / max. 20

Tai Chi is a low-impact form of exercise that consists of slow, relaxed, continuous movements. When practiced consistently and mindfully, tai chi can improve health, balance, strength, and suppleness, while relaxing the mind and reducing stress. It is a form of "moving meditation" that can be practiced, studied, and enjoyed by anyone at any age.

**AUGUST 4<sup>TH</sup> - AUGUST 30<sup>TH</sup>**

**UCITYMO.ORG / 314.505.8625**

# 2025 Puppy Pool Party



**Saturday, September 6th . Noon-3:00 pm  
Heman Park Pool . 7210 Olive Blvd.**



**Pre-Registration:**  
**August 18 - September 5**  
**9:00 am - 6:00 pm**  
**Centennial Commons,**  
**7210 Olive Blvd.**  
**Discounted Fee:**  
**\$8.00 per dog**  
**Limit 2 dogs per owner**

**Day of Event**  
**Registration:**  
**Fee: \$10.00 per dog**  
**Limit 2 dogs per owner**

**PLEASE NOTE:** For the safety of everyone, owners **must** provide copy of current proof of Rabies, Bordetella and DHPP vaccinations at time of pre or day of event registration. **NO EXCEPTIONS!**

For questions, please contact  
Recreation Supervisor,  
Merric Meehan 505.8625 or  
[mmeehan@ucitymo.org](mailto:mmeehan@ucitymo.org)





# 2025

## COMMUNITY YARD SALE

SATURDAY, SEPTEMBER 6, 2025

8 AM - 2 PM

### NEW LOCATION

HEMAN PARK . MIDLAND/SHAFTESBURY  
ENTRANCE



**\$25 / TWO 10X10 TENT SPACES**

REGISTER: AUGUST 18TH THROUGH SEPTEMBER 5TH

CENTENNIAL COMMONS, 7210 OLIVE BLVD

FIRST COME-FIRST SERVED

NO HOLDS, WAITLIST OR PHONE REGISTRATIONS

*For More Information :*



314.505.8625

*For detailed information, please see the back of this flyer.*

 **UNIVERSITY CITY RECREATION DIVISION  
OUTDOOR YARD SALE**  
 **Saturday, September 6, 2025**  
 **NEW LOCATION:** Heman Park – Midland/Shafesbury Entrance  
 **8:00 AM – 2:00 PM**



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**FIRST COME – FIRST SERVED**

 **No Holds • No Wait List • No Phone Registration**

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**SPACE INFORMATION**

- Each participant may reserve **up to two (2) 10x10 “pop-up” tent spaces** for their items, table(s), chair(s), etc.
- **Tents must be self-supporting** – no staked tents allowed.
- **Vehicles are not permitted** on turf/grass areas – **NO EXCEPTIONS!**

**Set-Up Time:** Begins at 6:30 AM on event day.

- The Recreation Division **does not** provide tables, chairs, tents, or equipment.
- Participants must remove all items and clean their area after the event.
- After unloading, vehicles must be parked in designated event parking areas.

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**RAIN POLICY**

If it rains, the sale will be canceled and refunds issued.

- Cancellation decision made by **Noon, Friday, Sept. 5, 2025**
- Staff will notify you by phone and email **by or before 4:00 PM** on Sept. 5.

**Refunds:**

- **Cash/Check/Debit:** Refund check issued in 7–10 business days
- **Credit Card:** Refund within 45 days of payment

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**RULES & PROHIBITED ITEMS**

- No weapons of any kind.
- No resale of goods purchased from another participant at this event.
- Unfavorable conduct will result in removal by event organizers and/or University City Police.

**NO SHOWS:** Contact Lynda Euell-Taylor (314.505.8525 / [ltaylor@ucitymo.org](mailto:ltaylor@ucitymo.org)) or Centennial Commons (314.505.8625) ASAP.

- **No-shows on event day will not be invited back.**

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**FOOD SALES**

- A **St. Louis County Health Department Permit** must be submitted with your application if you plan to prepare and sell food.
- No permit on file = immediate shutdown and removal from event.

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**ADVERTISING & PROMOTION**

The Recreation Division will promote the event through:

- Posters & flyers
- City website & social media
- Digital signage and more

**Feel free to promote to family, friends, co-workers, church and community groups!**

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**Questions?**

 314.505.8525 |  [ltaylor@ucitymo.org](mailto:ltaylor@ucitymo.org)

 Centennial Commons: 314.505.8625

# SENIORS 60+ JOIN US FOR

LAUGHTER,  
LUNCH AND

# BINGO

THURSDAY  
AUGUST 28  
2025

11:00 AM - 2:00 PM  
HEMAN PARK COMMUNITY CENTER,  
975 PENNSYLVANIA

\*EVENT FEE: \$5 PER PERSON

MIN: 25 MAX: 100

Doors Open - 10:45 am

Lunch Served - 11:00 am      Bingo Begins at 12:00 pm

Get ready to laugh, lunch, shout "BINGO!" and win some prizes at this  
"come and have some fun" event. Phone registration REQUIRED  
BINGO BOARDS AVAILABLE (no personal boards allowed)  
REGISTRATION BEGINS Monday, August 4th

FOR PHONE REGISTRATION OR MORE INFORMATION,  
CONTACT CENTENNIAL COMMONS 314.505.8625



## UPCOMING EVENTS



Senior Commission Meeting:  
CANCELLED



~~Mon., Aug 18 @ 6:00 p.m.~~

**Parks Commission Meeting:**

**CANCELLED**

~~Tue., Aug 19 @ 9:30 p.m.~~

**Non-Traffic Court**

*Wed., Aug 20 @ 6:00 p.m.*

[View the full listing of](#)  
[U City events here](#)

### How to Sign Up

- Visit the City of University City's website.
- Click the Emergency Notifications button to access CodeRED enrollment information.
- Fill in your contact details and select your notification preferences.
- Download the CodeRED app for enhanced location-based notifications.

Emergencies can happen at any time, and staying informed can save lives. By enrolling in CodeRED, you'll receive real-time alerts to help protect you, your loved ones, and your property.

Stay safe, stay informed, stay connected with CodeRED!

# AUGUST 11TH

UNIVERSITY CITY  
CITY HALL-COUNCIL CHAMBERS  
5TH FLOOR  
6:30 P.M.



## CITY COUNCIL MEETING

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