



Between the LIONS

U City Community Update

August 8, 2025



Attend a Council Meeting!

Want your voice heard? City Council meetings are usually held on the 2nd and 4th Mondays of each month at 6:30 p.m. For the summer, meetings will take place monthly, on the 2nd Monday during summer months. Attend in person or tune in online via live stream. Agendas are posted on ucitymo.org the Friday before each meeting.

YouTube: [YOUTUBE PAGE LINK](#)



Help keep University City beautiful! Residents are reminded to keep grass trimmed to below 8 inches and to store trash bins behind the front building line except on pickup days. Code compliance helps protect property values and neighborhood pride.

EARN-A-BIKE!

Presented by the University City Police Department & St. Louis BWorks



■ Program Overview:

In this hands-on 6-week workshop, students will:

- Learn bike safety, basic maintenance, and riding skills
- Rebuild a donated bicycle from the frame up
- Earn awesome gear upon completion!

■ Participants who complete the full program will receive:

- A refurbished bicycle
- A brand-new helmet
- A bike light set & lock

HEMAN PARK COMMUNITY CENTER
July 22 - August 26, 6:00 PM - 8:00 PM
(Tuesdays)

**Attendance at all six sessions is required to earn a bike.*

If your organization serves youth or families, help us spread the word or refer interested individuals. The program is for students 8 to 17.

- Contact: Danella Lang – dlang@ucitymo.org
- Phone: 314.505.8675

Empowering youth through education, teamwork, and bicycles.



Fitness & Fun Spotlight: Centennial Commons Recreation Center

Ongoing and upcoming events hosted by
Centennial Commons Rec Center.



HEMAN PARK POOL

Admission:



Summer Fun Pass Leo Lion

Linking Community, Fun and Fitness. Good until 08/31/12



Admission is limited to any individual (age 3+) with a "Summer Fun Pass" or a resident or nonresident recreation ID card. Memberships and ID cards may be purchased at the Centennial Commons Control Desk (Photo ID required) and are available to both residents and non-residents.

Resident	Daily *	1 Month	Summer Fun Pass (May 23 - September 1)
Youth (17 and under)	\$5.00	\$11.00	\$44.00
Adult	\$6.00	\$20.00	\$80.00
Senior (60+)	\$5.00	\$13.00	\$52.00
Senior Couple**		\$21.00	\$84.00
Family		\$34.00	\$136.00

NonResident	Daily *	1 Month	Summer Fun Pass (May 23 - September 1)
Youth (17 and under)	\$7.00	\$17.00	\$68.00
Adult	\$9.00	\$30.00	\$120.00
Senior (60+)	\$7.00	\$21.00	\$84.00
Senior Couple**		\$30.00	\$120.00
Family***		\$40.00	\$160.00

*Must purchase recreation ID card/Resident - \$5.00; Nonresident - \$7.00 (good one year from purchase);
No daily rate for Senior Couple or Family

Both individuals must be 60 or older; *Limit: 4, Additional: \$25/person - all same household

2025 FITNESS CLASSES

SUMMER MINI SESSION

August 4th - August 30th

Drop in fees for all classes: M: \$7, R: \$8, NR: \$9

Total Body & Tone

Mondays & Wednesdays

9:00 AM - 10:00 AM

M: \$30, R: \$35, NR: \$40

Min: 12, Max: 20

Zumba

Mondays

6:30 PM - 7:30 PM

M: \$23, R: \$25, NR: \$28

Min: 8, Max: 20

Tai Chi

Thursdays

10:00 AM - 11:00 AM

M: \$23, R: \$25, NR: \$28

Min: 10, Max: 20

All classes will be held at Centennial Commons, 7210 Olive Blvd. To register, visit us during our business hours.

In order to receive resident rates, you must present your occupancy permit.

M-F: 5:30 AM - 9:00 PM

SAT: 8:00 AM - 8:00 PM

SUN: 10:00 AM - 8:00 PM

For more information: 314.505.8625





2025 FITNESS CLASSES SUMMER MINI SESSION

Drop in fees for all classes: M: \$7, R: \$8, NR: \$9

In order to receive resident rates you must present your occupancy permit

TOTAL BODY & TONE

MONDAYS & WEDNESDAYS, 9-10 A.M.

FEES: Member \$30; Res. \$35; Non Res \$40

Participants: min. 10 / max. 20

Build and tone muscle while using a variety of fitness equipment. This is a full body workout aiming to improve balance, resistance, speed and endurance. The structure of the class will change from week to week to keep your workout fresh and fun. All fitness levels welcome.

ZUMBA

MONDAYS, 6:30-7:30 P.M.

FEES: Member \$23; Res. \$25; Non Res \$28

Participants: min. 8 / max. 20

Zumba is a fusion of Latin and International music/dance that creates a dynamic, exciting, and fun workout. The classes move between high and low intensity dance moves designed to get your heart rate up and boost cardio endurance while shaking off the stress and stirring up the fun! Levels are from beginning to advanced.

TAI CHI

THURSDAYS, 10-11 A.M.

FEES: Member \$23; Res. \$25; Non Res \$28

Participants: min. 10 / max. 20

Tai Chi is a low-impact form of exercise that consists of slow, relaxed, continuous movements. When practiced consistently and mindfully, tai chi can improve health, balance, strength, and suppleness, while relaxing the mind and reducing stress. It is a form of "moving meditation" that can be practiced, studied, and enjoyed by anyone at any age.

AUGUST 4TH - AUGUST 30TH

UCITYMO.ORG / 314.505.8625

UPCOMING EVENTS



City Council Meeting
Mon., Aug 11 @ 6:30 p.m.



How to Sign Up

- Visit the City of University City's website.
- Click the Emergency Notifications button to access CodeRED enrollment information.
- Fill in your contact details and select your notification preferences.
- Download the CodeRED app for enhanced location-based notifications.

Emergencies can happen at any time, and staying informed can save lives. By enrolling in CodeRED, you'll receive real-time alerts to help protect you, your loved ones, and your property.

Stay safe, stay informed, stay connected with CodeRED!

LSBD Monthly Board Meeting

Tue., Aug 12 @ 9:00 a.m.

Trial Court

Wed., Aug 13 @ 6:00 p.m.

Arts & Letters Commission Meeting

Thu., Aug 14 @ 7:00 p.m.

Housing Court

Fri., Aug 15 @ 1:00 p.m.

[View the full listing of U City events here](#)

JULY 14TH

UNIVERSITY CITY
CITY HALL-COUNCIL CHAMBERS
5TH FLOOR
6:30 P.M.



CITY COUNCIL MEETING

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